



BLDSA Llyn Tegid Championships

Record times

		Stroke	Record Holder	Date Set	Time
Two Way Championship - 6 miles	Gents	Freestyle	Lyndon Dunsbee	1987	02:03:26
	Ladies	Freestyle	Bridget Young	1987	02:16:38
	Gents	Breaststroke	Roger Parsons	1973	02:57:45
	Ladies	Breaststroke	Janet Haynes	1986	03:06:57
One Way Championship - 3 miles	Gents	Freestyle	Nathan Renshaw	2003	01:00:18
	Ladies	Freestyle	Rebecca Lewis	2005	01:03:14
	Junior Gents	Freestyle	David Richardson	2005	01:02:40
	Junior Ladies	Freestyle	Natalie Jones	2002	01:03:54
	Junior Gents	Breaststroke	Mark Hurst	1987	01:41:28
	Junior Ladies	Breaststroke	Andria Chell	1985	01:34:17
3km Championship	Gents	Freestyle	Christian Wade	2006	00:40:13
	Ladies	Freestyle	Natalie Jones	2005	00:44:43
	Junior Gents	Freestyle	Jonathon Bentley	2005	01:06:19
	Junior Ladies	Freestyle	Alice McCall	2006	00:35:55